Letter to Patient Requesting to Receive AIT Injections at Outside Facility
Re: Patient Allergen Immunotherapy

Dear Patient,

We understand that you would like to receive your allergy injections at another health care facility outside of this office. For your continued safety and well-being, we want to make sure that you are fully aware of several important issues about allergy shots.

Allergy injections, when mixed in the physician's office under the appropriate standards and appropriately administered, effectively alleviate symptoms caused by allergic diseases, such as hay fever, eye symptoms, allergic asthma, and insect allergy. However, as is true with any form of treatment, there are potential side effects. By injecting allergic patients with the very things to which they are allergic, it is possible to cause an allergic reaction. Some of the symptoms of such a reaction can include shortness of breath, hives, drop in blood pressure, and even loss of consciousness. Very rarely, these reactions can be life-threatening and result in death.

If you experience any increased allergy symptoms, difficulty breathing, light-headedness or any unusual symptoms after receiving your allergy injection please report them to the physician or staff immediately.

It is for these reasons that patients are not permitted to receive their allergy injections at home. Also; the physician supervising your allergy injections should be prepared to treat an adverse reaction and have available various medications and equipment.

It is also important that you remain in the office where you receive your injection for 30 minutes following your injection and that a physician be present during that time. Adjustments in your dosage sometimes are necessary when you have worsening of your nasal symptoms or asthma from a cold or allergen exposure. Similarly, dosage adjustments are sometimes necessary if you have large bumps at your injection site or have hay fever symptoms, asthma, or other symptoms following your injection. The nurse or physician monitoring your injections will ask questions regarding your health status prior to administering your injection. Please inform him/her if you are having increased allergy or asthma symptoms, new medications, other changes in your health status, or problems with your previous injection. We have a letter for you to send to the physician monitoring your injections, and this letter contains information about adjusting your dose if there has been a gap in your treatment or if you encounter difficulties with large reactions at the site of the injection.

Together, we can control your allergic problems. Help us help you by receiving your shots on a regular basis. Please feel free to call on us if you have any questions about your injections or injection schedule. We look forward to seeing you at your next office visit.

Sincerely,
Dr. Jeremy Owens, MD
Prescribing Allergist, Tidewater Allergy and Asthma

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To be completed by the patient:

I have read (if new patient) or re-read (if established patient) all the information about allergy injections, and I agree that I will not attempt to administer my vaccines to myself nor will I permit anyone who is not a licensed physician or under the supervision of a licensed physician to administer these vaccines.

Patient Name: _____Date of Birth: _____

Patient Signature: (or parent/guardian if minor) _____ Date:_____

Witness_____

Name and Address of Supervising Physician and Medical Facility that will receive allergen immunotherapy serum:

Name of Facility: _____

Name of Supervising Physician: _____

Fax # For Facility: _____

Address: _____

Reading this letter and signing above is the first step to have your injections administered elsewhere. Here are the next steps:

1. Read and Sign "Letter to Patient Requesting to Receive AIT Injections at Outside Facility" (This form)
2. Send the "Letter to Supervising Physician at Receiving Medical Facility" to the physician who will administer your injections. They will need to read the letter, then complete and sign the form and return it to us. Our office is happy to fax this to the other facility, if you provide the fax number.
3. Once our office has received the letter from your physician and has notified you that your serum is ready for pick up, you will need to come to our office for pick up. At that time, you will need to sign the "Serum Release Agreement" stating that you take responsibility for the serum and understand how it needs to be transported. If you plan to have someone else pick up the serum for you, we can have you complete this form prior to pick up and designate them as the pick-up person.
4. Always remember you can call us with questions, or send a message through the patient portal, at any time.

Note: If you do not already have serum at our office, you will also need to complete the process to have the serum mixed. This requires signing an AIT (Allergen Immunotherapy) Consent form that gives us permission to mix your serums and reviewing information and instructions about receiving Allergen Immunotherapy. Please discuss this with our front desk or injection staff if you are unsure or have questions.

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